

EATON HIGH SCHOOL ATHLETICS

TRAINING RULES

The Athletic Department of Eaton School District RE-2 has adopted the following set up training rules. These rules are in effect from the start of the fall sports season practices until the last contest in any spring sport. Upon signing, the rules apply to student-athletes even if they are not participating in the current season.

It is expected that all student-athletes will abstain from possessing, selling or using any tobacco/vape products, drugs or alcoholic beverages. Any other conduct that could be reasonably foreseen as (1) adversely affecting the student-athlete's ability to compete or perform or (2) adversely affects the reputation of the team, or student-athletes in this school or the district in general. For example, the commission by the student-athlete of an act that could constitute a crime other than a minor traffic violation.

The following are the minimum consequences of a training violation of this type. The school district reserves the right to bypass any intermediate discipline steps it determines appropriate.

Level One: Student athlete will be deemed ineligible for a period of 40% of the contests in that respective sport.
Level Two: Student athlete will be deemed ineligible for a period of 80% of the contests in that respective sport.
Level Three: Student athlete will be deemed ineligible for one calendar year from date of suspension in all sports.

*All suspensions will be carried out regardless of when postponements are rescheduled.

*If necessary, the suspension will be carried over and completed during post-season play or in student athletes next sport season.

*Proof of completion of a drug or alcohol abuse program may be required before reinstatement into the athletic program at the athlete's expense.

*The student athlete may not participate in any other contest at any level during their suspension. They may not suit up, practice, sit on team bench or travel with the team.

Sport	Level One	Level Two
Football	4	8
Volleyball	9	18
Cross Country	4	8
Softball	8	16
Golf	5	10
Basketball	8	16
Wrestling	7	14
Swimming	5	10
Baseball	8	16
Track	5	10
Tennis	5	10

It is understood that action may be taken against any Eaton High School athlete seen violating the aforementioned policies. Action may be taken if a member of the Eaton High School staff, administration, or the accused athlete's parents/guardians observe a violation of the training rules. Action may also be taken if a student athlete has been arrested or been issued a citation/ticket by law enforcement.

In cases when information comes from other sources than a coach, administrator, or the student athlete's parents/guardians, a due process hearing may be held. If the alleged violation is undocumented action will not be taken. However, if a student athlete is later determined to have misrepresented him/herself they will be ineligible for a period of one calendar year from the date of the findings.

If a student athlete self-reports, administration may reduce the suspension up to ½ of the recommended suspension.

Procedure For Suspension

In the event that administration contemplates suspending a student athlete, the following procedures shall be followed:

1. Notice – Student athlete will meet with athletic director and assistant principal or principal to discuss suspension. Written notice of proposed action will be delivered to the student athlete and his/her parents/guardians.
2. Appeal – Within three days of the decision, student athlete may appeal the decision to the Athletic Council made up of the athletic director, an administrator and an EHS coach. The council will make the final determination regarding the suspension of the student athlete.

Academic Policies

It is expected that all student athletes be in attendance on practice days and game days by 8:30 am. Only school related activities and pre-arranged absences will be excused upon approval by administration. Pre-arranged absences must be called in by 4:00 pm the day before. If a student athlete is in violation of this policy student athlete will not be able to participate that day.

It is expected that all student athletes behave in a mannerly and respectful fashion in the classroom. We believe that champion athletes are also champions in the classroom. If a student athlete receives “In School” or “Out of School” suspension, they will be ineligible for the next contest.

Eaton High School believes that academics are very important. A three strike policy will be enforced for academics. After a student athlete has appeared on the failing list for a third time during the competitive season they will be removed from the team so that the student athlete will be able to focus on their academics.

Parent Permission for Athletic Participation

1. Before a student is permitted to participate in the Eaton High School Athletic Program, a signed copy (electronic) of this form must be on file in the athletic office.
2. It is the student/parent responsibility to be aware that two “F”s” in the preceding semester makes the student ineligible for any athletic competition the following semester until set dates determined by the CHSAA. Students must be enrolled in a minimum of six (6) classes. Eligibility is reported every Monday on a weekly basis. Eligibility is in effect from Monday to Saturday. A student athlete may regain weekly eligibility each Monday.
3. It is the responsibility of the parent/guardian to provide insurance protection for the student athlete while participating in competitive athletics.
4. Although participation in supervised school athletics and activities programs is among the least hazardous activities in which any student will engage either in our out of school, the very nature of these programs does create potential for injury. Parents/ Guardians should be aware that the chance of injury is present while student athletes are participating in such programs. Those parents/guardians who do not wish to expose their student athlete to this possibility should not sign this permission form.
5. Aside from the established training/academic policies notes, individual teams may implement additional policies and regulations (practice/competition expectations, behavior, etc...).
6. I further understand the Eaton High School has established rules and regulations pertaining to conduct, behavior, and activities of all students and athletic participants, by which my son/daughter must abide during participation in this activity, and that my son/daughter and I will be responsible for his/her failure to abide by those rules and regulations.

Medical Treatment/Authorization & Liability Release

In order that my son/daughter may receive the necessary medical treatment in the event he/she sustains injury or illness during athletic participation, I hereby authorize the coach or other supervising adult to obtain medical treatment for my son/daughter for such injury or illness during the activity. I hereby hold Eaton School District RE-2, Eaton High School and its representatives harmless in the exercise of authority.

I understand this activity involves risk to the participants. I further acknowledge and understand that due to the nature of athletics, there is a possibility that my son/daughter may sustain physical illness or injury (minimal, serious, catastrophic), in connection with his/her participation. I further release Eaton School District Re-2, Eaton

High School and its representatives from any claims for personal illness or injury that my son/daughter may sustain during participation.

My son/daughter and I have read and understood the Medical Treatment/Authorization and Liability Release. I fully understand that Eaton High School does not provide any accident or health insurance coverage for my son/daughter while participating in interscholastic athletics. I fully understand it is my responsibility to provide insurance coverage for my son/daughter.